

Personal Training

CERTIFICATE REQUIREMENTS			
AH	151	Medical Terminology (EDGE)	3
AH	217	Personal Fitness Training	4
BIOL	257	Introduction to Anatomy & Physiology	3
EME	105	First on Scene	3
TOTAL HOURS REQUIRED			13

Individuals who complete the above courses will receive a Certificate of Successful Completion in Personal Training. National certification as a personal trainer may be obtained through national accrediting agencies.

EARN A DEGREE AND GRADUATE EARLY (EDGE)

This program provides students the opportunity to receive credit for their high school EDGE courses.

CONTACT INFORMATION:

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Our mission is to prepare students for careers, civic responsibility and life-long learning.