



## ALLIED HEALTH DIVISION

### Personal Training Skill Set

<u>Certificate Requirements</u>	<u>Credit Hours</u>
AH 151 Medical Terminology	3
AH 217 Personal Fitness Training	4
SCI 257 Introduction to Anatomy & Physiology	3
EME 105 First on Scene	3
<b>TOTAL HOURS REQUIRED</b>	<b>13</b>

Individuals who complete the above required courses will receive a Certificate of Successful Completion form MCTC in personal Training. National Certification as a personal trainer may be obtained through national accrediting agencies.

**For more information contact:**

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