

## Personal Training

CERTIFICATE REQUIREMENTS			
AH	151	Medical Terminology (EDGE)	3
AH	217	Personal Fitness Training	4
BIOL	257	Introduction to Anatomy & Physiology <sup>i</sup> (EDGE)	3
EME	105	First on Scene	3
TOTAL HOURS REQUIRED			13

Individuals who complete the above courses will receive a Certificate of Successful Completion in Personal Training. National certification as a personal trainer may be obtained through national accrediting agencies.

### EARN A DEGREE AND GRADUATE EARLY (EDGE)

This program provides students the opportunity to receive credit for their high school EDGE courses.

### CONTACT INFORMATION:

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<sup>i</sup> BIOL 260 and BIOL 265 may be substituted for BIOL 257.