

Program Description:

The A.A.S. degree in Massage Therapy offers two options for students to earn their associate degree in Massage Therapy. Licensed Massage Therapists (LMT's) offer a range of services from relaxation massage to precise clinical soft tissue treatment. Massage techniques can release scar tissue, increase joint range of motion, enhance circulation of blood and lymph and increase the supply of oxygen and nutrients to cells, eliminating toxic waste products resulting in a healthier person. A holistic approach to massage therapy integrates an understanding that there are physical, mental, emotional, and spiritual components to each individual. LMT's are currently employed through private practice, chiropractic offices, hospitals, health clubs, day spas, cruise ships, fitness centers, beauty salons, and more.

Career Outlook:

Nationally, the number of jobs for massage therapists is expected to grow faster than average through the year 2016 (www.bls.gov). Many factors will affect this growth. More people are becoming interested in massage as a way to relieve stress and promote health. As disposable incomes grow, many people will seek massages for personal benefit. There will also be growth in full-service spa salons. These salons offer services such as beauty wraps, pedicures, and massages in addition to traditional hair and makeup services. Many employees will be needed to offer a range of services. The medical benefits of massage are becoming more widely known. As a result, more naturopaths, acupuncturists, chiropractors, physical therapists, and physicians will refer their patients to massage therapists. However, this will depend somewhat on if massage therapy is covered by health insurance plans. In addition, an aging population will increase the number of people with conditions that can benefit from massage therapy.

Salary Forecast:

For the most current salary information please refer to the Bureau of Labor Statistics "Occupational Outlook Handbook" found at www.bls.gov/ooh/.

Program Admission Requirements:

Students seeking admission into the Massage Therapy program must arrange an appointment with the Mountwest Community and Technical College program coordinator prior to submitting the application packet. This is to ensure that students receive current information requirements and the criteria for selection. Application packets are available in the Allied Health and Life Sciences Division, Room 455 or call (304) 710-3513 for more information

Contact Information:

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Our mission is to prepare students for careers, civic responsibility and life-long learning.

Massage Therapy¹—Major Code CM70

Name:			ID Number 942-	
CAPS SCORES:	MATH:	ENGLISH:	READ:	DOE:
COL 101 Faculty:				
Educational Counselor:				
Faculty Advisor:				

COURSE	REQUIREMENTS	SEM	HRS	GR	SUBSTITUTE/REPEAT CRS	SEM	CR
AH 151	Medical Terminology ² (Edge)		3				
BIOL 257	Intro to Anatomy & Physiology		3				
ENL 111	Written Communication ³		3				
MAS 101	Introduction to Massage Therapy ⁴		1				
BIOL 260	Applied Human Anatomy		4				
COM 112	Oral Communication ³		3				
	IT Elective ⁵		3				
	Math Elective ⁶		3				
MAS 230	Kinesiology for MAS ⁷		4				
MAS 201	Eastern Theory ⁴		3				
MAS 212	Body Works I for MAS ⁴		2				
MAS 212L	Body Works I for MAS Lab		1				
MAS 240	Muscle Palp I ⁴		3				
MAS 214	Body Works II for MAS ⁴		2				
MAS 214L	Body Works II for MAS Lab		1				
MAS 228	Pathology and Pharmacology for MAS ⁴		3				
MAS 245	Muscle Palp II ⁴		3				
MAS 250	Shiatsu ⁴		3				
MAS 255	Deep Tissue ⁴		3				
MAS 222	Business and Ethics for MAS ⁴		3				
MAS 235	Student Clinical Integrative Massage ⁴		3				
MAS 270	Spa Theory for MAS ⁴		2				
MAS 275	MAS Board Review/Casestone ⁴		2				

DEVELOPMENTAL COURSES REQUIRED

COURSE	REQUIREMENTS	SEM	HRS	GR	SUBSTITUTE/REPEAT CRS	SEM	CR

HOURS FOR GRADUATION: 61

Earn A Degree Graduate Early (EDGE):

This program provides students the opportunity to receive credit for their high school EDGE courses.

¹ Criminal Background check and drug screen are required prior to admission to summer clinical courses.

² AH 151 has a prerequisite of placement in 100-level reading.

³ COM 112, and ENL 111 have a prerequisite of placement in 100-level English, and placement in 100-level reading.

⁴ MAS courses are by permission of the Program Coordinator pending admission to program. Successful completion of all MAS courses with a “C” or better is required for transition in the MAS program. Students receiving a D or F in any program course will be required to repeat that course before continuing in the program. ALL MAS courses must be taken in sequence and completed within 3 years.

⁵ Choose from any 100-level or above Instructional Technology course.

⁶ Choose from any 100-level or above mathematics course.

⁷ BIOL 221 is an accepted substitute for MAS 230.

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